



HELP CHILDREN FIND THEIR WAY

AFTER-SCHOOL BEHAVIORAL HEALTH PROGRAM

AGES 5-10

Compass Chicago's Young Child After-School Intensive Outpatient Program (IOP) is a group-based treatment model that helps children learn coping and social skills to manage difficult emotions and challenging situations. Treatment modalities are evidence-based and chosen to the specific needs of the group and help children develop skills to better manage their challenging situations.

Caregivers of children in the program are encouraged to attend support and psychoeducation groups throughout the week to learn strategies to support their child at home, school, and in the community.

Treatment Modalities

- Group, individual, and family therapy
- Psychiatric evaluation
- Medication management
- Education support
- Executive functioning
- Creative and experiential therapies
- Skills coaching for children & caregivers

Areas of Focus

- Depression
- Anxiety
- School Avoidance or Refusal
- Social Skills
- Flexible Thinking Strategies

Compass is in-network with most commercial insurances.

Please call 877.552.6672 to learn more or speak with an intake specialist.



Schedule

3:00 PM -
5:00 PM CST

TUESDAY, WEDNESDAY, THURSDAY

